

Form 6A

Verification of on the Job Experience

PLEASE PRINT CLEARLY

Apprentice/Tradesperson		PSE#	
Current Address	City	Postal Code	Phone Number
Employer (Firm Name)		Name and Certificate Number of Supervising Journeyperson	
Address of Employer	City	Postal Code	Phone Number

Cook	Trade Time Exposure In Hours
Period of Employment _____ to _____ (DD/MM/YY) (DD/MM/YY)	
Type of Work (please print)	
Hygiene, sanitation, and safety: Performs safety and hygiene-related functions, practices food safety procedures.	
Common occupational skills: Uses tools and equipment, organizes work, manages information, and products, performs trade activities, adapts cooking practices to meet dietary requirements, uses communication and marketing techniques.	
Produce: Prepares herbs and spices, vegetables, and fruit.	
Stocks, broths, and soups: Prepares stocks, broths, and soups.	
Sauces: Prepares thickening and binding agents, and sauces.	
Cheese, dairy, dairy plant-based alternatives, eggs and egg products: Uses cheese, dairy products and plant based alternative products, prepares eggs and egg-based dishes.	
Pastas, noodles, stuffed pastas, and dumplings: Prepares pastas and noodles, stuffed pastas, and dumplings.	
Grains, pulses, seeds, nuts, and alternative proteins: prepares grains, pulses, seeds and nuts, and alternative proteins.	
Meats, game, poultry, game birds and variety meats: prepares meats and game meats, poultry and game birds, and variety meats.	
Fish and seafood: prepares fin fish and seafood.	
Salads and sandwiches: Prepares sandwiches, salads, condiments, preserves and dressings.	
Specialty preparation: Prepares hors d'oeuvres and other finger foods, charcuterie and cured products, gels and glazes, marinades, rubs and brines.	
Sweet and savoury baked goods and desserts: prepares dough-based products, batter-based products, creams, mousses, frozen desserts, fillings, icings toppings and sugar works; assembles cakes; prepares savoury and sweet pastries, pies and chocolate.	
Total Hours	

I Certify The Above Hours Are Accurate	Date (DD/MM/YY)	Apprentice/Tradesperson (signature)
I Certify The Above Hours Are Accurate	Date (DD/MM/YY)	Employer Representative (signature)
		Employer Representative (print name clearly)

For Commission Use Only Time Assessed: _____ Approved By: _____ Date: _____ (DD/MM/YY)

Revised May/22

1-877-363-0536
 apprenticeship@gov.sk.ca
 saskapprenticeship.ca

